

Westside Infant-Family Network (WIN)  
 12 Month Outcomes Report for  
 Fiscal 2011 (July 1, 2010-June 30, 2011)



**Long term goal:** WIN will improve the secure attachment outcomes among children (prenatal through three) such that children are better able to thrive.

Quantitative Service Goal: WIN will serve approximately 325-350 individuals (75 family dyads) per year through case management and/or mental health therapy services.

Goal	FYE 2011 Outcomes (12 months)
Serve 75 family dyads	<b>89 family dyads</b> received case management and/or mental health therapy services
Serve 325-350 individuals	<b>341 individual family members</b> received case management and/or mental health therapy services
	<b>257 individuals</b> attended WIN-sponsored professional-level trainings
	<b>61 Agency directors, administrators and direct-service staff from 3 agencies serving young children</b> received ongoing, professional-level mental health consultation from WIN therapists.
	A total of <b>659 clients</b> served

Qualitative Service Goals:

**CHILDREN**

1. Indicators & Outcomes: WIN Children will improve their developmental outcomes as screened by the *Ages and Stages Questionnaires (ASQ)*,<sup>i</sup> administered every 6 months throughout program involvement. Target: 70% of children who screened as having an “area of concern” will move out of 1 or more identified area(s) of concern after 12 months or more of mental health therapy❖ as defined by ASQ.

Goal	FYE 2011 Outcome (12 Month)
70% children will move out of 1 or more identified area(s) of concern	<b>80% children (16/20*)</b> moved out of 1 or more identified area(s) of concern

*\*Of the qualifying catchment group of 40 children, 20 children had no areas of developmental concern one year prior to the most recent screening; hence do not appear in this outcome group.*

2. Indicators & Outcomes: WIN Children will demonstrate increased behaviors associated with secure attachment as observed and reported by WIN therapists using the Parent-Infant Relationship Global Assessment Scale (PIR-GAS).<sup>ii</sup> Target: 70% of children will show an increase in secure attachment behaviors (as defined by a gain in three points or more and/or movement to the next higher decile as defined the PIR-GAS scale) after 12 months or more of mental health therapy.❖

Goal	FYE 2011 Outcome (12 Month)
70% children will show increase in secure attachment behaviors	<b>95% children (38/40*)</b> Showed an increase in secure attachment behaviors (as indicated by a gain of 3 or more points) after one year of Tier 2 therapy.

*\*All 40 children qualifying for the catchment group are included in the outcome data.*

## FAMILIES

1. **Indicators & Outcomes:** WIN Parents/Primary Care Givers demonstrating need as screened by the Parenting Stress Index-Short Form (PSI/SF) will show improvement in clinically significant levels of stress<sup>iii</sup> **Target:** 70% of care givers will show improvement as measured by the PSI/SF after 12 months or more of mental health therapy. ❖

Goal	FYE 2011 Outcome (12 Month)
70% Parents/Primary Care Givers will show improvement in clinically significant levels of stress	<b>56% parents/primary care givers</b> (18/32*) showed improvement in clinically significant levels of stress

*\*Of the qualifying catchment group of 40 caregivers, eight did not meet the qualifying criteria for this category and were not included in this outcome group.*

2. **Indicators & Outcomes:** Families will be successfully linked to services in the community for their identified needs, as tracked through WIN's on-line service plan data system. **Target:** 60% of identified needs for all family dyads served by WIN during the reporting period will be linked to services.

Goal	FYE 2011 Outcome (12 Month)
60% of identified needs will be linked to services	<b>100% of identified needs</b> were linked to services (an average of the service linkage percentages for each of 89 family dyads)

*\*All 89 families qualifying for the catchment group are included in the outcome data.*

## AGENCY STAFF

1. **Indicators & Outcomes:** Direct service staff at each agency will be better able to identify, refer and provide services for WIN families as indicated by pre- and post-questionnaires collected at WIN-sponsored trainings. **Target:** Over the course of our training year, 75% of respondents will demonstrate increased knowledge and competency on post-training questionnaires.

Goal	FYE 2011 Outcome (12 Month)
75% of respondents will demonstrate increased knowledge and competency	<b>81% respondents</b> (141/174*) demonstrated increased knowledge and competency

*\*Of 257 training attendees, 174 completed both a pre- and a post-training questionnaire at one of WIN's five FYE 2011 trainings. <sup>1</sup>*

2. **Indicators & Outcomes:** Case managers at partner agencies will feel confident in their ability to identify, refer and support "WIN eligible" families as measured by annual self-assessments<sup>iv</sup>. **Target:** 90% of clinical staff will feel confident in their ability to identify, refer and support "WIN eligible" families.

Goal	FYE 2011 Outcome (12 Month)
90% of case managers at partner agencies will "Agree" or "Strongly Agree" that they feel confident in their ability to identify, refer and support "WIN eligible" families	<b>100% case managers</b> (5/5*) at partner agencies "Agreed" or "Strongly Agreed" that they felt confident in their ability to identify, refer and support "WIN eligible" families

*\*The outcome group includes one CM from Venice Family Clinic, one CM from St. Joseph Center and three CM's from Westside Children's Center.*

3. Indicators & Outcomes: WIN trainings will increase case managers' knowledge of infant mental health and skills as a case manager. Target: 90% of case managers will increase their IMH knowledge and skills as a case manager through WIN trainings.

Goal	FYE 2011 Outcome (12 Month)
WIN trainings will help 90% of case managers increase their knowledge of infant mental health and skills as a case manager	100% case managers (4/4*) at partner agencies "Agreed" or "Strongly Agreed" that WIN trainings increased their knowledge of infant mental health and their skills as a case manager.

*\*One case manager was new to WIN and had not yet had a chance to attend a WIN training, thus was not included in this outcome group.*

### WIN AGENCIES

1. Target: 75% of all families referred to WIN by partner agencies within the fiscal year will receive WIN case management and/or mental health therapy services, as defined by:

- Case management: Family has been successfully linked and followed through on at least one referral provided by a WIN case manager;
- Mental health therapy: Family has engaged in dyadic therapy with WIN therapist for at least 3 50-minute sessions.

Goal	FYE 2011 Outcome (12 Month)
75% families referred to WIN will receive case management and/or mental health therapy services	93% WIN families referred during the 12 months of FYE 2011 (41*/44) received case management and/or mental health therapy services

*\*WIN services were not initiated for three families because they did not respond to outreach efforts from WIN case managers.*

❖ To be included in this catchment group, the client must meet criteria A:

- A. Client started fiscal year as a mental health therapy services client and/or received MH therapy during the reporting period

And meet criteria B or C:

- B. Client has received 12 or more months of MH therapy services by the end of the reporting period  
 C. Client has a closed case, having received 6 or more months of MH therapy

<sup>i</sup> ASQ is used to measure improvement in five developmental areas: Communication, Gross Motor, Fine Motor, Problem Solving or Personal Social. Each area has a cut off score.

<sup>ii</sup> PIR-GAS is used to measure the level of adaptation of the parent-child relationship on a scale from 99 to 0 based on the intensity, frequency, and duration of the disturbance. A score of 99 to 80 represents an adapted relationship, 79 to 40 represents a tendency toward a disordered relationship, and 39 to 0 represents a disordered relationship.

<sup>iii</sup> PSI/SF: Improvement is defined by: 1) client moving out of clinically significant levels of stress score in one or more subcategory of three subcategories: Parental Distress (PD), Parent-Child Dysfunctional Interaction (P-CDI), Difficult Child (DC), or the overall Total Parenting Stress AND 2) reduction in client's total parenting stress score by five or more points. The raw score cutoffs for each subcategory are as follows: PD-33 or above; P-CDI- 26 or above; DC-33 or above, Total Stress- 86 or above.

<sup>iv</sup> WIN Case Manager Self Assessments are administered annually. Case managers are asked a series of questions related to their capacity and knowledge as a WIN case manager and asked to rate themselves on scale from 1-5, with 1= strongly disagree to 5= strongly agree.