

Westside Infant-Family Network (WIN)  
 Twelve Month Outcomes Report for Fiscal 2010



**Long term goal:** WIN will improve the secure attachment outcomes among children (prenatal through three) such that children are better able to thrive.

Quantitative Service Goal: WIN will serve approximately 325-350 individuals (75 family dyads) per year through case management and/or mental health therapy services.

Goal	FYE 2010 Outcomes (12 Month)
Serve 75 family dyads	<b>87 family dyads</b> received case management and/or mental health therapy services
Serve 325-350 individuals	<b>301 individual family members</b> received case management and/or mental health therapy services
	<b>540 individuals</b> attended WIN-sponsored professional-level trainings
	A total of <b>841 individuals</b> served

Qualitative Service Goals:

**CHILDREN**

1. Indicators & Outcomes: WIN Children will improve their developmental outcomes as screened by the *Ages and Stages Questionnaires (ASQ and/or ASQ-3)*,<sup>i</sup> administered every 6 months throughout program involvement. Target: 70% of children who screened as having an “area of concern” will move out of 1 or more identified area(s) of concern after 12 months or more of mental health therapy❖ as defined by ASQ.

Goal	FYE 2010 Outcome (12 Month)
70% children will move out of 1 or more identified area(s) of concern	<b>95% children</b> (19/20*) moved out of 1 or more identified area(s) of concern

\*Of the qualifying catchment group of 37 children, 17 children had no areas of developmental concern one year prior to the most recent screening; hence do not appear in this outcome group.

2. Indicators & Outcomes: WIN Children will demonstrate increased behaviors associated with secure attachment as observed and reported by WIN therapists using the Parent-Infant Relationship Global Assessment Scale (PIR-GAS).<sup>ii</sup> Target: 70% of children will show an increase in secure attachment behaviors (as defined by a gain in three points or more and/or movement to the next higher decile as defined by the PIR-GAS scale) after 12 months or more of mental health therapy.❖

Goal	FYE 2010 Outcome (12 Month)
70% children will show increase in secure attachment behaviors	<b>91% children</b> (32*/35) showed increase in secure attachment behaviors The 32 children who showed improvement had an average score gain of 25.19 points.

\*Of the qualifying catchment group of 37 children, two children did not have comparison scores and do not appear in this outcome group.

## FAMILIES

1. **Indicators & Outcomes:** WIN Parents/Primary Care Givers demonstrating need as screened by the Parenting Stress Index-Short Form (PSI/SF) will show improvement in clinically significant levels of stress  
 iii **Target:** 70% of care givers will show improvement as measured by the PSI/SF after 12 months or more of mental health therapy. ❖

Goal	FYE 2010 Outcome (12 Month)
70% Parents/Primary Care Givers will show improvement in clinically significant levels of stress	<b>81% parents/primary care givers</b> (21/26*) showed improvement in clinically significant levels of stress

\*Of the qualifying catchment group of 37 caregivers, 11 caregivers do not appear in this outcome group because they did not have a comparison score, did not show an initial clinically significant level of stress, or had a comparison or most recent score of 10 or less in the Defensive Responding category.

2. **Indicators & Outcomes:** Families will be successfully linked to services in the community for their identified needs, as tracked through WIN's on-line service plan data system. **Target:** 60% of identified needs for all family dyads served by WIN during the reporting period will be linked to services.

Goal	FYE 2010 Outcome (12 Month)
60% of identified needs will be linked to services	<b>96.57% of identified needs*</b> were linked to services (an average of the service linkage percentages for each of 87 family dyads)

\*Of the qualifying catchment group of 87 families, three families do not appear in this outcome group for the following reasons: 1) children in two families were detained by DCFS before linkages could be made; and 2) Due to a change in case management at St. Joseph Center, one family opted out of services before linkages could be made.

## AGENCY STAFF

1. **Indicators & Outcomes:** Direct service staff at each agency will be better able to identify, refer and provide services for WIN families as indicated by pre- and post-questionnaires collected at WIN-sponsored trainings. **Target:** Over the course of our training year, 75% of respondents will demonstrate increased knowledge and competency on post-training questionnaires.

Goal	FYE 2010 Outcome (12 Month)
75% of respondents will demonstrate increased knowledge and competency	<b>75% respondents</b> (230/308*) demonstrated increased knowledge and competency

\*Of 557 training attendees, 308 completed both a pre- and a post-training questionnaire at one of WIN's FYE 2010 trainings.

\*72 attendees were not included in this outcome group because they were attendees of private WIN trainings hosted by UCLA EHS and questionnaires were not distributed.

2. Indicators & Outcomes: Clinical staff at each agency (where present) will observe an improved capacity of non-clinical staff to identify, refer and support “WIN eligible” families as measured via yearly interview. Target: 90% of clinical staff will report improvements.

Goal	FYE 2010 Outcome (12 Month)
90% of clinical staff will observe an improved capacity of non-clinical staff	We measure this outcome once a year at the end of each fiscal year: at FY 2010 end, <b>100% clinical staff</b> reported improvement

### WIN AGENCIES

1. Target: 75% of all families referred to WIN by partner agencies within the fiscal year will receive WIN case management and/or mental health therapy services, as defined by:

- Case management: Family has been successfully linked and followed through on at least one referral provided by a WIN case manager;
- Mental health therapy: Family has engaged in dyadic therapy with WIN therapist for at least 3 50-minute sessions.

Goal	FYE 2010 Outcome (12 Month)
75% families referred to WIN will receive case management and/or mental health therapy services	<b>100% WIN families</b> referred during the first 12 months of FYE 2010 (27/27) received case management and/or mental health therapy services

❖ To be included in this catchment group, the client must meet criteria A:

- A. Client started fiscal year as a mental health therapy services client and/or received MH therapy during the reporting period

And meet criteria B or C:

- B. Client has received 12 or more months of MH therapy services by the end of the reporting period  
 C. Client has a closed case, having received 6 or more months of MH therapy

<sup>i</sup> ASQ and/or ASQ-3 are used to measure improvement in five developmental areas: Communication, Gross Motor, Fine Motor, Problem Solving or Personal Social. Each area has a cut off score.

<sup>ii</sup> PIR-GAS is used to measure the level of adaptation of the parent-child relationship on a scale from 99 to 0 based on the intensity, frequency, and duration of the disturbance. A score of 99 to 80 represents an adapted relationship, 79 to 40 represents a tendency toward a disordered relationship, and 39 to 0 represents a disordered relationship.

<sup>iii</sup> PSI/SF: Improvement is defined by: 1) client moving out of clinically significant levels of stress score in one or more subcategory of three subcategories: Parental Distress (PD), Parent-Child Dysfunctional Interaction (P-CDI), Difficult Child (DC), or the overall Total Parenting Stress AND 2) reduction in client’s total parenting stress score by five or more points. The raw score cutoffs for each subcategory are as follows: PD-33 or above; P-CDI- 26 or above; DC-33 or above, Total Stress- 86 or above.